

COA - COACHING

COA 205 Introduction to Coaching.	3 Credits	COA 291 Special Topics.	3 Credits
Term Typically Offered: Fall		Designed to present skills and strategies related to coaching a given sport. Course includes a 1 credit practicum.	
Covers introductory principles needed in becoming an effective coach. Topics include development of a coaching philosophy, basic sport psychology, sport safety, basic legal aspects, and program and athlete management principles.		Lecture Hours 3	
Lecture Hours 3		Department: Health & Human Performance	
Department: Health & Human Performance		COA 395 Practicum: Coaching.	1 Credit
COA 240 Coaching Volleyball.	3 Credits	Provides supervised practical experiences for students who wish to enter the coaching profession. Students work as a head or assistant coach for an athletic team for a minimum of 45 contact hours.	
Term Typically Offered: Spring		Lecture Hours 1	
Acquaints the student with those skills necessary to teach volleyball on the secondary level. The course will cover such areas as volleyball rules, teaching individual skills, team strategies, offensive patterns, defensive patterns, organizing practices, and scouting. Course includes a 1 credit practicum.		Department: Health & Human Performance	
Lecture Hours 3		COA 406 Legal Aspects of Sport.	3 Credits
Department: Health & Human Performance		Prerequisite(s): consent of instructor.	
COA 242 Coaching Football.	3 Credits	Analysis of the legal aspects of sport, athletics, and other physical activity in contemporary society. Includes use of the case study method. Particular emphasis is given to tort liability and risk management in coaching.	
Acquaints the student with those skills necessary to coach football in high school. Course includes a 1 credit practicum.		Lecture Hours 3	
Lecture Hours 3		Department: Health & Human Performance	
Department: Health & Human Performance		COA 409 Psychology of Coaching.	3 Credits
COA 245 Coaching Basketball.	3 Credits	Term Typically Offered: Spring	
Term Typically Offered: Spring		Covers the psychological aspects of coaching that are essential in all coaching, not specific to one sport. Examines both the intra- and interpersonal aspects of sport achievement from an applied perspective, emphasizing effective leadership of athletics. Connects study of the topical areas of sport psychology to coaching.	
Acquaints the student with those skills necessary to coach basketball in high school. Course includes a 1 credit practicum.		Lecture Hours 3	
Lecture Hours 3		Department: Health & Human Performance	
Department: Health & Human Performance			
COA 246 Coaching Softball/Baseball.	3 Credits		
Term Typically Offered: Spring			
Acquaints the student with a variety of methods for teaching basic softball/baseball skills, with particular emphasis on fastpitch softball. Emphasis is placed on teaching progression, practice drills and common error coaching hints. Current rules and regulations as well as strategies are also covered for all phases of the game. Course includes a 1 credit practicum.			
Lecture Hours 3			
Department: Health & Human Performance			
COA 248 Coaching Soccer.	3 Credits		
Prepares students to coach competitive/recreational soccer with a focus on teaching skills, techniques, and tactics. A one credit hour (minimum 45 contact hours) coaching practicum is included as a required element of this course.			
Lecture Hours 3			
Department: Health & Human Performance			
COA 256 Coaching Track/Field.	3 Credits		
Term Typically Offered: Spring			
Acquaints the student with those skills necessary to coach track and field in high school. Course includes a 1 credit practicum.			
Lecture Hours 3			
Department: Health & Human Performance			
COA 260 Coaching Gymnastics.	3 Credits		
Acquaints the student with skills necessary to coach beginning gymnastics. Course includes a 1 credit practicum.			
Lecture Hours 3			
Department: Health & Human Performance			