

# COACHING MINOR

The Coaching Option is offered to enhance preparation of individuals wishing to serve as coaches in K-12 settings. This is a non-teaching minor and does not qualify as an area of endorsement.

## First Aid Competency

Health and Human Performance students who are completing the teacher licensure option are required to demonstrate current competency in first aid, CPR and AED. Presentation of certification documents for First Aid, current Adult/Child/Infant CPR and Automatic External Defibrillation will be accepted as proof of this competency if met through the following organizations:

- First Aid
  - American Academy of Orthopedic Surgeons
  - American Red Cross
  - National Safety Council
- CPR
  - American Academy of Orthopedic Surgeons
  - American Heart Association
  - American Red Cross
  - National Safety Council

Students can also achieve First Aid, Adult/Child/Infant CPR and AED certification through successful completion of ECP 100.

## Program Learning Outcomes

Upon successful completion of this program, students will be able to:

- Instruct motor skills
- Develop coaching philosophy
- Summarize techniques to enhance performance

## Required Courses

Code	Title	Credits
AHAT 210	Prev & Care Athletic Injuries	3
COA 205	Introduction to Coaching	3
COA 395	Practicum: Coaching	3
COA 409	Psychology of Coaching	3
ECP 120	Emergency Medical Responder	3
KIN 105	Fnd of Exercise Science	3
KIN 106	Fndtns of Exercise Science Lab	1
KIN 210	Prncpls Strength Conditioning	3
KIN 330	Motor Learning and Control	3
KIN 331	Motor Learning and Control Lab	1
<b>Total Minimum Credits</b>		<b>26</b>

*Certain courses in this program have prerequisites; students should check the course descriptions for required prerequisites.*