

# COACHING MINOR

The Coaching Option is offered to enhance preparation of individuals wishing to serve as coaches in K-12 settings. This is a non-teaching minor and does not qualify as an area of endorsement.

## First Aid Competency

Health and Human Performance students who are completing the teacher licensure option are required to demonstrate current competency in first aid, CPR and AED.

Presentation of certification documents for First Aid, current Adult/Child/Infant CPR and Automatic External Defibrillation will be accepted as proof of this competency if met through the following organizations:

- First Aid
  - American Academy of Orthopedic Surgeons
  - American Red Cross
  - National Safety Council
- CPR
  - American Academy of Orthopedic Surgeons
  - American Heart Association
  - American Red Cross
  - National Safety Council

Students can also achieve First Aid, Adult/Child/Infant CPR and AED certification through successful completion of ECP 100.

## Required Courses

Code	Title	Credits
AHAT 210	Prev & Care Athletic Injuries	3
COA 205	Introduction to Coaching	3
COA 409	Psychology of Coaching	3
ECP 120	Emergency Medical Responder	3
KIN 105	Fnd of Exercise Science	3
KIN 106	Fndtns of Exercise Science Lab	1
KIN 322	Kinesiology	3
KIN 323	Anatomical Kinesiology Lab	1
Select two from the following: (all include a one credit practicum)		6
COA 240	Coaching Volleyball	
COA 242	Coaching Football	
COA 245	Coaching Basketball	
COA 246	Coaching Softball/Baseball	
COA 256	Coaching Track/Field	
COA 260	Coaching Gymnastics	
COA 291	Special Topics	
<b>Total Minimum Credits</b>		<b>26</b>

*Certain courses in this program have prerequisites; students should check the course descriptions for required prerequisites.*