

# REC - OUTDOOR RECREATION

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REC 510 Adventure Leadership. 3 Credits

Term Typically Offered: Fall

Prerequisite(s): Admission to the graduate ALiHR program and consent of instructor.

Acquaints students with the history, philosophy, depth, and scope of Adventure Leadership. Methods discussed will be applied to group development, minimizing risk in the field, teambuilding, decision-making, problem solving, and teaching.

Students will explore and enhance their own leadership, philosophy, and style through participation in group projects, lecture, and activities while taking this course.

Lecture Hours 3

Department: Health & Human Performance

REC 511 Adv Guiding & Instructing. 3 Credits

Term Typically Offered: Fall

Prerequisite(s): Admission to the graduate ALiHR program.

Provides students an opportunity to explore teaching methods appropriate for a wide spectrum of adventure guiding and instructing. Examines learning styles, lesson planning, delivery options, risk management, evaluation, and assessment.

Lecture Hours 3

Department: Health & Human Performance

REC 566 Ethical & Legal Aspects in OAL. 3 Credits

Term Typically Offered: Fall

Prerequisite(s): Admission to the graduate ALiHR program.

Presents the ethical and legal principles and practices recommended and required in outdoor adventure leadership careers. Particular emphasis is on the ethical and legal guidelines that follow national program accreditation standards.

Lecture Hours 3

Department: Health & Human Performance

REC 570 Adventure Prog Planning & Dev. 3 Credits

Term Typically Offered: Spring

Prerequisite(s): Admission to the graduate ALiHR program.

Examines principles related to planning, scheduling, and implementation of recreational activities and events. Students will be introduced to the procedures involved in development of programs, staffing, budgeting, and managing risks for adventure programs for diverse populations.

Lecture Hours 3

Department: Health & Human Performance