

ALTR - ADVENTURE LEADERSHIP IN RECREATION THERAPY

ALTR 520 Therapeutic Recreation Process. 3 Credits

Term Typically Offered: Spring

Prerequisite(s): Admission to the graduate ALiHR program.

Examines the multifaceted aspects of the profession and practice of Recreational Therapy (RT). Course content focuses on an understanding of RT definitions, philosophical and theoretical perspectives, service delivery models, and the RT process.

Lecture Hours 3

Department: Health & Human Performance

ALTR 521 Assmnt, Doc & Admin Rec Therapy. 3 Credits

Term Typically Offered: Spring

Prerequisite(s): Admission to the graduate ALiHR program.

Teach and develop the critical components of assessment, documentation, and evaluation in the recreational therapy process. Components including protocol development, client assessment (standardized assessment, interview, observation, and record review), and the process of treatment planning, documentation, and evaluation. Client evaluation will be discussed at is relates to client-assessed outcomes.

Lecture Hours 3

Department: Health & Human Performance

ALTR 522 Therapeutic Rec Modalities. 2 Credits

Term Typically Offered: Spring

Prerequisite(s): Admission to the graduate ALiHR program.

Experientially develop and apply an assortment of activity-based interventions used in therapeutic recreation practice. Students are introduced to modalities including, but not limited to: adventure activities, animal-assisted therapy, horticulture, reminiscence, aromatherapy, massage, juggling, humor, sports, crafts, social skills, and relaxation training.

Lecture Hours 2

Department: Health & Human Performance

ALTR 523 Therapeutic Rec & Disabilities. 2 Credits

Term Typically Offered: Spring

Prerequisite(s): Admission to the graduate ALiHR program.

Combines research literature and practical application on issues associated with mental health, developmental disabilities, and/or aging, and the therapeutic recreation process. Students complete an issues paper that synthesizes research literature and any other structured learning activities, and draws implications for therapeutic recreation practice.

Lecture Hours 2

Department: Health & Human Performance

ALTR 590 Internship. 1-6 Credits

Term Typically Offered: Fall, Spring, Summer

Prerequisite(s): Admission to the graduate ALiHR program and consent of instructor.

V 1-6 Provides experience in responsible appointment as an assistant in recreation therapy. A minimum 560 hour, 14 consecutive week internship experience in a therapeutic recreation service that uses the therapeutic recreation process as defined by the current NCTRC Job Analysis Study. See ALiHR Internship Handbook for details.

Department: Health & Human Performance