

ALHR - ADVENTURE LEADERSHIP IN HEALTH & RECREATION

ALHR 501 Orientation to ALiHR. 1 Credit

Term Typically Offered: Fall

Prerequisite(s): Admission to the graduate ALiHR program.

Orientates new ALiHR(T) students to program requirement and expectations. Students are required to attend the orientation sessions. Orientation is a series of discussion and workshops designed to help students with the transition to this rigorous program, including time management, changing roles, activities, resources, internships, projects, and thesis. It also provides an opportunity for the students to meet and interact with faculty.

Lecture Hours 1

Department: Health & Human Performance

ALHR 502 Adventure Skills Training. 1 Credit

Term Typically Offered: Fall, Spring, Summer

Prerequisite(s): Admission to the graduate ALiHR program.

Demonstrates competency in backcountry travel/living (both summer and winter), and at least one area of skill concentration (e.g., challenge course, rock-climbing, paddling, skiing, etc.). Completion of Adventure Skills Training (AST) is accomplished by either documentation or demonstration. Appropriate documentation includes activity log or appropriate letter of reference. Demonstration of AST can be completed by co-teaching the specific skills with one of MSUB's fulltime faculty. Students in need of AST should arrange to gain these skills during the summer or winter breaks.

Lecture Hours 1

Department: Health & Human Performance

ALHR 503 Cont Iss Hlth/Rec Ther/Adv Ldr. 3 Credits

Term Typically Offered: Fall

Prerequisite(s): Admission to the graduate ALiHR program.

Examines conceptual, theoretical, and practical issues associated with the organization and delivery of Adventure and Therapeutic Recreation services. Using theoretical frameworks and applied practice models, students reflect on and develop informed positions on core values and beliefs that support the profession.

Lecture Hours 3

Department: Health & Human Performance

ALHR 530 Hist Pers & Policy of Outd Adv. 3 Credits

Term Typically Offered: Fall

Prerequisite(s): Admission to the graduate ALiHR program.

Examines policy issues that affect the adventure recreation field; study of the historical significance of key events and individual contributions from cultural, social, and economic points of view.

Lecture Hours 3

Department: Health & Human Performance

ALHR 532 Budg, Fin, & Faci Mgmt Adv Rec. 3 Credits

Term Typically Offered: Spring

Prerequisite(s): Admission to the graduate ALiHR program.

Applies current guidelines, policies, and practices involved in budgeting, financing, acquisition, and managing adventure recreation agencies and facilities.

Lecture Hours 3

Department: Health & Human Performance

ALHR 533 Risk Mgmt & Comm in Adv Rec. 2 Credits

Term Typically Offered: Spring

Prerequisite(s): Admission to the graduate ALiHR program.

Demonstrate ability to apply current structured approach to designing, communicating, implementing, and assessing a risk management plan for programs and staff within the adventure recreation industry.

Lecture Hours 2

Department: Health & Human Performance