

THE DEPARTMENT OF REHABILITATION AND HUMAN SERVICES

Dr. Tom Dell, Chairperson
APS 118, (406) 896-5837

Mission

The mission of the Department of Rehabilitation and Human Services is to provide professional preparation of master's level students with the knowledge and skills to improve the quality of life for individuals with disabilities. This mission is achieved through various instructional, clinical and other programmatic activities.

Program Objectives

The Master of Science in Clinical Rehabilitation and Mental Health Counseling program seeks to prepare counselors who:

- Understand and practice core rehabilitation and mental health counseling roles, stay current in the profession, and are life-long learners in counseling practice and scholarly activity;
- Recognize the importance of continued personal growth and exploration of self as socio-racial being, as well as personal biases and assumptions that interfere with professional competence;
- Are exposed to the broad spectrum of counseling theory and human development as applied to clients of diverse social and racial backgrounds;
- Facilitate client lifelong career development through assessment, educational planning, and cutting-edge technology;
- Understand and apply counseling and consultation processes necessary to assist individuals, groups, and families, utilizing the ethics codes and ethical behaviors applicable to their professional identities and credentials;
- Are able to understand and use group and family theories and methods to address systemic and ecological factors that affect the lives of those with whom they work;
- Choose counseling assessment instruments based on their appropriateness and efficacy, being especially aware of racial and ethno-cultural implications, while understanding the process, benefits, and limits of diagnosis and treatment planning;
- Recognize the importance of seeking consultation and/or supervision from the professional community and of belonging to and participating in professional counseling organizations at the local, state, regional, and national levels; and
- Utilize effective, and when possible, empirically supported means of assisting clients in their growth and development, striving toward accountability through data collection and analysis.

Program Curriculum

The program is fully accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). CACREP has established standards for the accreditation of graduate programs in the counseling fields.

Program Outcomes

The program has four full-time, tenure-track faculty who teach the CACREP based curriculum. FTE instructor to FTE student ratio is approximately 1:10.

The program has an open enrollment policy, admitting 20-25 students each year. Program retention rate has been over 80 percent during the last 3 years. On average, 50 students are enrolled and 12-14 graduate each year from the program. Average

time to complete the program is 6 semesters. Student learning outcomes are assessed at multiple points and using multiple measures for each of the CACREP knowledge and skill domains. Students/graduates of the program taking the national certification examination (CRC) had a pass rate of 86 percent.

Estimated cost for tuition and fees to attend the program (based on 9 credits per semester) is approximately \$2,500 for in-state residents and \$4,500 for out-of-state residents. Available types of financial aid include student loans, graduate/research assistantships and tuition waivers, and scholarships.

Employment rate for program graduates is over 90 percent within the first 6 months of graduation. Graduates of the program have found employment in state and federal agencies, community based rehabilitation and mental health centers, hospitals and rehabilitation facilities, schools and universities, and other private and public social service organizations.

Admission

Applicants seeking admission to the Master of Science in Clinical Rehabilitation and Mental Health Counseling must submit all application materials to the Office of Graduate Studies by the current graduate catalog deadline dates. No applications will be considered until all required information arrives at the Office of Graduate Studies. Application materials include:

1. Completed MSU Billings Graduate Application
2. Application essay. The essay will be no more than four typed pages, double-spaced, and answer the following questions: Why have you chosen this career path? What strengths or assets do you bring to the program? How have your personal experiences influenced your decision to pursue a career in the counseling profession?
3. Current Vita or resume.
4. Complete official transcripts from all institutions attended. Preference is given to students with an undergraduate cumulative grade point average (GPA) of 3.0 or above. Students with cumulative GPAs of 2.75 to 3.00 may be considered for provisional admission.
5. Three letters of recommendation from individuals who can provide an evaluation of the applicant's potential as a graduate student, professional abilities, and potential for success in the field of counseling. Appropriate references include work and volunteer supervisors and college/university faculty within the counseling/human services profession. References may not include personal clergy, personal current or past counselor/therapist, colleagues, or friends/relatives.
6. Official notification of scores on the Graduate Record Examination (GRE) general test. Preference is given to applicants who score above the 50th percentile on Verbal Reasoning and Analytical Writing. Applicants with GRE scores older than 3 years must retake the test. Students may utilize the Millers Analogies Test, as an alternative to the GRE.

Completed applications are reviewed by the program faculty screening committee and a personal interview, either in person or by telephone, may be scheduled. Consideration is given to the relevant qualifications of applicants across all required areas. No one criterion is used in selecting applicants for admission. Program faculty are dedicated to recruiting and accepting a diverse body of applicants who are sensitive to the needs of our increasingly pluralistic society.

- Clinical Rehabilitation and Mental Health Counseling Master of Science (<https://catalog.msubillings.edu/graduate/college-allied-health-professions/department-rehabilitation-human-services/ms-clinical-rehabilitation-mental-health-counseling>)  Offered Online

Rehabilitation & Mental Health Counseling

REHA 501 Princ Rehab & Mntl Hlth Coun. Term Typically Offered: Fall, Summer (even years) Provides a survey of the history, principles, philosophy, and legal aspects of rehabilitation and mental health counseling. Integration of rehabilitation and mental health services is stressed, utilizing the objectives and organizational basis of rehabilitation and mental health programs. Offered ONLY Online. Lecture Hours 3 Department: Rehab & Human Services	3 Credits	REHA 515 Med & Psych Aspects Disability. Term Typically Offered: Spring, Summer (even years) Provides knowledge of medical terminology and processes, understanding of various disabling diseases and psychological conditions, and the necessary related information needed to carry out service delivery to a consumer. The student will also become aware of the range of medical and psychological services utilized by rehabilitation and mental health counselors. Offered ONLY Online. Lecture Hours 3 Department: Rehab & Human Services	3 Credits
REHA 502 Indiv & Fmly Response to Dsblt. Term Typically Offered: Spring, Summer (even years) Provides an overall knowledge and understanding of the psychological and social impact of physical and psychiatric disability on individual and family life. Examines the unique characteristics and/or problems associated with specific disability groups. Describes and evaluates various treatment approaches available for counselors working with individuals and families with disabilities. Offered ONLY Online. Lecture Hours 3 Department: Rehab & Human Services	3 Credits	REHA 517 Research and Program Eval. Term Typically Offered: Fall (odd years) Provides students with an introduction to major principles, concepts, and practices in social science research related to rehabilitation and mental health counseling. Students will develop an understanding of research methods, statistical analysis, needs assessment, and program evaluation to inform evidence-based practice in counseling related settings. Offered ONLY Online. Lecture Hours 3 Department: Rehab & Human Services	3 Credits
REHA 503 Psychiatric Rehabilitation. Term Typically Offered: Fall Provides an introduction to the field of psychiatric rehabilitation. Includes historical antecedents, concepts, principles, assessment, treatment planning, techniques and modalities, psychopharmaceutical treatment, service delivery, and case management methods. Emphasis is placed on issues central to individuals with psychiatric disabilities, such as the consumer movement, empowerment, family intervention, cross-cultural issues, recovery, illness self-management, and reintegration within the community. Offered ONLY Online. Lecture Hours 3 Department: Rehab & Human Services	3 Credits	REHA 519 Human Growth & Development. Term Typically Offered: Fall (odd years) Provides students with an introduction to major principles, concepts, and practices in social science research related to rehabilitation and mental health counseling. Students will develop an understanding of research methods, statistical analysis, needs assessment, and program evaluation to inform evidence-based practice in counseling related settings. Offered ONLY Online. Lecture Hours 3 Department: Rehab & Human Services	3 Credits
REHA 505 Theories of Counseling. Term Typically Offered: Fall Explores the general theories (behavioral, cognitive, humanistic, and Freudian) that have played major roles in the development of the counseling profession. Examines representative theories of each of the general counseling perspectives and asks the student to relate these positions to their personal theory of counseling. Offered ONLY Online. Lecture Hours 3 Department: Rehab & Human Services	3 Credits	REHA 520 Group & Individual Eval. (odd Sp, odd Su) Provides training in the proper evaluation, selection, and administration of psychological and vocational tests as well as correct interpretation and use of test results. Clinical interviewing techniques are also covered. Lecture Hours 3 Department: Rehab & Human Services	3 Credits
REHA 507 Prof Orient & Ethical Practice. (odd F, odd Su) Provides an overview of current legal, ethical, and professional issues, and professional identity development related to the practice of rehabilitation and mental health counseling. Focuses on relevant ethical principles, codes, and decision making, along with regulatory procedures. Offered ONLY Online. Lecture Hours 3 Department: Rehab & Human Services	3 Credits	REHA 521 Advanced Individual Counseling. Term Typically Offered: Fall Prerequisite: REHA 505. Builds upon previous counseling knowledge about theories and dynamics, integrating techniques and skills of advanced individual counseling. Students will be given opportunities to experience, practice, and develop an understanding of the use of these advanced skills. Lecture Hours 3 Department: Rehab & Human Services	3 Credits
REHA 508 Mltctrl & Gndr Issues in Coun. (Sp, odd Su) Examines multicultural awareness, knowledge, and skills from culture-centered perspectives while simultaneously respecting traditional individual approaches to the field. Promotes the development of diversity sensitivity in support of counseling practices that reflect an understanding of psychosocial influences, cultural beliefs, values, and psychological dynamics related to self-identity, self-advocacy, competency, adjustment, and attitude formation. Lecture Hours 3 Department: Rehab & Human Services	3 Credits	REHA 523 Advanced Group Counseling. Term Typically Offered: Spring, Summer Provides students with a foundational understanding of group development, dynamics, and theories in relation to group and family counseling and therapy. Leadership styles, techniques, and roles are explored, and ethical and legal issues related to group and family interventions are discussed. The course utilizes a combination of lecture and student participation and leadership in an experiential group process. Lecture Hours 3 Department: Rehab & Human Services	3 Credits
		REHA 525 Career Dvlp, Plcmnt, & Support. Term Typically Offered: Fall Introduces students to the theory, methods, and techniques for assisting clients to obtain and maintain employment. Special emphasis will be placed on career counseling, planning, assessment, job readiness, job analysis, development, and accommodation. Offered ONLY Online. Lecture Hours 3 Department: Rehab & Human Services	3 Credits

<p>REHA 560 DSM-5 for Rehab & Mental Hlth. 3 Credits Term Typically Offered: Spring Provides understanding of the structure, content, and uses of the DSM-5. General concepts and theoretical assumptions of the DSM diagnostic system will be explored. Strategies and techniques designed for assessment of specific disorders will also be illustrated and practiced. Offered ONLY Online. Lecture Hours 3 Department: Rehab & Human Services</p>	<p>REHA 599 Thesis. 6 Credits Prerequisite(s): REHA 517 or equivalent and approved plan of study. This course may be given the grade of "T" until research and writing is completed and accepted within the time limit of the degree. Department: Rehab & Human Services</p>
<p>REHA 590 Preprac Rehab/Mental Hlth Coun. 3 Credits Term Typically Offered: Fall, Summer Introduces students to the counseling experience and promotion of knowledge, skills, and awareness of effective and ethical counseling methods and fundamentals of helping relationships and case management. Through practice and supervision, students will develop clinical skills necessary to influence the helping process. Demonstration of these skills is a prerequisite for enrollment in practicum (REHA 594). Lecture Hours 3 Department: Rehab & Human Services</p>	
<p>REHA 591 Independent Study. 1-6 Credits Prerequisite(s): Consent of the instructor, approval of the Department Chair and the Dean of Allied Health Professions, and Independent Study contract filed with the Office of Graduate Studies. Provides an opportunity for students of superior academic standing to explore material not covered by regular graduate courses in Counseling. Department: Rehab & Human Services</p>	
<p>REHA 592 Seminar. 1-6 Credits Provides an opportunity to investigate topics at the advanced level pertinent to the area of counseling. Department: Rehab & Human Services</p>	
<p>REHA 593 Workshop. 1-6 Credits Term Typically Offered: Fall, Spring Provides an opportunity for experimental study at the advanced level in an area of counseling. Department: Rehab & Human Services</p>	
<p>REHA 594 Counseling Practicum. 3 Credits Term Typically Offered: Fall, Spring Prerequisite(s): REHA 590 or consent of instructor. Provides the graduate student with an opportunity to acquire counseling experience and firsthand knowledge of the purpose, function, services, and clientele of a specific rehabilitation agency or mental health counseling setting. In addition to on-site work experience, the practicum placement will be supplemented with counseling clinic activities for faculty/group supervision, feedback exchange, and counseling skill enhancement. Lecture Hours 3 Department: Rehab & Human Services</p>	
<p>REHA 596 Cooperative Educ/Internship. 6-12 Credits Term Typically Offered: Fall, Spring Prerequisite(s): REHA 590 and REHA 594, or consent of instructor. Provides the graduate student with a supervised placement in a rehabilitation/mental health counseling setting which is related to the student's career goals. The student is expected to assume the full complement of duties performed by a rehabilitation/mental health counselor in that setting. These include, but are not limited to: individual counseling, case management, utilization of community resources, advocacy and client assignment. Supervision is provided by a professional in the setting and by Departmental faculty on both counseling and case management issues. In addition to on-site work experience, the internship placement will be supplemented with weekly counseling clinic activities for faculty/group supervision, feedback exchange, and counseling skill enhancement. Department: Rehab & Human Services</p>	