Transfer Credit

A maximum of twelve (12) graduate credits may be accepted for transfer from approved accredited educational institutions. Copies of official transcripts must be sent directly from the registrar to the Office of Graduate Studies. No course credit may be transferred unless the grade received was at least a "B." Transfer credits will be evaluated by the faculty, the program director, and the Health and Human Performance Department. Copies of syllabi from transfer courses may be required to accurately judge the equivalency of courses.

DegreeWorks Program of Study

Once admitted to one of the above programs, students meet with their advisor during the first semester of coursework and develop a DegreeWorks program of study that reflects their area of professional interest.

Research Project or Thesis

Students must complete a research project or a thesis. Though both involve personal research that includes development of a research question, formulation of appropriate inquiry methods, data collection, analysis, interpretation, and communication skills, a thesis differs from a research project by having greater scope and greater potential contribution to the larger profession beyond personal interest. Students should consult with the faculty prior to deciding between the research project or thesis.

Research Project/Thesis and Defense

The student will meet with an advisor to explore a master’s thesis topic and design a suitable project. A formal proposal, the format of which is to be determined by the advisor, will be written and presented before the graduate faculty. Following completion of the project, a defense of the project will be conducted before the graduate faculty.

The most current descriptions and requirements for these academic programs including course syllabi are available at the Department of Health and Human Performance Website: www.msubillings.edu/cahp/hhp.

- Health and Human Performance Bachelor of Science
- Athletic Training Master of Science 3+2 Option (https://catalog.msubillings.edu/graduate/college-allied-health-professions/department-health-human-performance/ms-athletic-training-3-2-option)
- Outdoor Adventure Leadership Bachelor of Science
- Adventure Leadership in Health and Recreation Recreation Therapy Option Master of Science 3+2 (https://catalog.msubillings.edu/graduate/college-allied-health-professions/department-health-human-performance/ws-outdoor-adventure-leadership-ms-adventure-leadership-adventure-leadership-3-2-option)
- Outdoor Adventure Leadership Bachelor of Science
- Adventure Leadership in Health and Recreation Recreation Therapy Option Master of Science 3+2 (https://catalog.msubillings.edu/graduate/college-allied-health-professions/department-health-human-performance/ws-outdoor-adventure-leadership-ms-adventure-leadership-recreation-therapy-3-2-option)
- Adventure Leadership in Health and Recreation Adventure Leadership Option Master of Science (https://catalog.msubillings.edu/graduate/college-allied-health-professions/department-health-human-performance/ms-adventure-leadership-adventure-leadership)
- Interdisciplinary Studies Exercise and Sport Leadership Master of Science

### Adventure Leadership in Health and Recreation

**ALHR 501 Orientation to ALiHR.**

<table>
<thead>
<tr>
<th>Term Typically Offered: Fall</th>
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</thead>
<tbody>
<tr>
<td>Prerequisite(s): Admission to the graduate ALiHR program.</td>
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</table>

Orients new ALiHR(T) students to program requirements and expectations. Students are required to attend the orientation sessions. Orientation is a series of lectures, discussions, and workshops designed to help students with the transition to this rigorous program, including time management, changing roles, activities, resources, internships, projects, and thesis. It also provides an opportunity for students to meet and interact with faculty.

Lecture Hours 1

Department: Health & Human Performance

**ALHR 502 Adventure Skills Training.**

<table>
<thead>
<tr>
<th>Term Typically Offered: Fall, Spring, Summer</th>
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</thead>
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<td>Prerequisite(s): Admission to the graduate ALiHR program.</td>
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</table>

Demonstrates competency in backcountry travel/living (both summer and winter), and at least one area of skill concentration (e.g., challenge course, rock-climbing, paddling, skiing, etc.). Completion of Adventure Skills Training (AST) is accomplished by either documentation or demonstration. Appropriate documentation includes an activity log or appropriate letter of reference. Demonstration of AST can be completed by co-teaching the specific skills with one of MSUB’s full-time faculty. Students in need of AST should arrange to gain these skills during the summer or winter breaks.

Lecture Hours 1

Department: Health & Human Performance

**ALHR 503 Cont Iss Hlth/Rec Ther/Adv Ldr.**

<table>
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<th>Term Typically Offered: Fall</th>
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<td>Prerequisite(s): Admission to the graduate ALiHR program.</td>
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</table>

Examines conceptual, theoretical, and practical issues associated with the organization and delivery of Adventure and Therapeutic Recreation services. Using theoretical frameworks and applied practice models, students reflect on and develop informed positions on core values and beliefs that support the profession.

Lecture Hours 3

Department: Health & Human Performance

**ALTR 521 Assmnt, Doc & Admin Rec Therpy.**

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<th>Term Typically Offered: Spring</th>
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<td>Prerequisite(s): Admission to the graduate ALiHR program.</td>
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Examines the multifaceted aspects of the profession and practice of Recreational Therapy (RT). Course content focuses on an understanding of RT definitions, philosophical and theoretical perspectives, service delivery models, and the RT process.

Lecture Hours 3

Department: Health & Human Performance

**ALTR 522 Therapeutic Rec Modalities.**

<table>
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Lecture Hours 3

Department: Health & Human Performance

**ALTR 523 Therapeutic Rec & Disabilities.**

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Lecture Hours 3

Department: Health & Human Performance

**ALHR 533 Risk Mgmt & Comm in Adv Rec.**

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<td>Prerequisite(s): Admission to the graduate ALiHR program.</td>
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</table>

Demonstrate ability to apply current structured approach to designing, communicating, implementing, and assessing a risk management plan for programs and staff within the adventure recreation industry.

Lecture Hours 2

Department: Health & Human Performance

### Adventure Leadership in Recreation Therapy

**ALTR 520 Therapeutic Recreation Process.**

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Examines the multifaceted aspects of the profession and practice of Recreational Therapy (RT). Course content focuses on an understanding of RT definitions, philosophical and theoretical perspectives, service delivery models, and the RT process.

Lecture Hours 3

Department: Health & Human Performance

**ALTR 521 Assmnt, Doc & Admin Rec Therpy.**

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Lecture Hours 3

Department: Health & Human Performance

**ALTR 522 Therapeutic Rec Modalities.**

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Lecture Hours 3

Department: Health & Human Performance

**ALTR 523 Therapeutic Rec & Disabilities.**

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Lecture Hours 3

Department: Health & Human Performance
The Department of Health and Human Performance

ALTR 590 Internship. 1-6 Credits
Term Typically Offered: Fall, Spring, Summer
Prerequisite(s): Admission to the graduate ALiHR program and consent of instructor.
This course provides experience in responsible appointment as an assistant in recreation therapy. A minimum of 560 hours, 14 consecutive hours of internship in a therapeutic recreation service that uses the therapeutic recreation process as defined by the current NCTRC Job Analysis Study. See ALiHR Internship Handbook for details.
Department: Health & Human Performance

ATEP 534 Athletic Training Techniques I. 3 Credits
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate athletic training program.
Serves as an introduction to athletic training practice. Emphasis on prevention, care, and management of acute injuries and illnesses, as well as risk management, environmental concerns, and protective taping and equipment.
Lecture Hours 2, Lab Hours 1
Department: Health & Human Performance

ATEP 535 Athletic Training Techniques II. 3 Credits
Term Typically Offered: Spring
Prerequisite(s): Admission to the graduate athletic training program.
Provides an investigative study of evidence-based medicine, epidemiology and injury surveillance, cultural competency, and mental health issues.
Department: Health & Human Performance

ATEP 540 Practicum in Athletic Trng I. 1 Credit
Term Typically Offered: Fall
Builds on skills previously acquired and introduces new skills related to current coursework. Students will be assigned to a clinical education rotation under the direct supervision of a clinical preceptor. First in the series of four practicum courses.
Department: Health & Human Performance

ATEP 541 Practicum in Athletic Trng II. 1 Credit
Term Typically Offered: Spring
Expands on skills previously acquired and introduces new skills related to current coursework. Students will be assigned to a clinical education rotation under the direct supervision of a clinical preceptor. Second in the series of four practicum courses.
Lecture Hours 1
Department: Health & Human Performance

ATEP 542 Lower Extremity Assessment. 3 Credits
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate athletic training program.
Provides a study of anatomy and physiology, assessment, evaluation techniques, treatment, and management of conditions affecting the lower extremities and lumbar spine.
Department: Health & Human Performance

ATEP 544 Upper Extremity Assessment. 3 Credits
Term Typically Offered: Spring
Prerequisite(s): Admission to the graduate athletic training program.
Provides a study of anatomy and physiology, assessment, evaluation techniques, treatment, and management of conditions affecting the upper extremities, head, and thoracic and cervical spine.
Department: Health & Human Performance

ATEP 546 General Medical Assessment. 3 Credits
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate athletic training program.
Examines the recognition, assessment, and management of general medical conditions and illnesses.
Lecture Hours 3
Department: Health & Human Performance

ATEP 547 Athletic Training Techniques III. 3 Credits
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate athletic training program.
Reviews and refines skills previously acquired and evaluated in previous coursework. Students will be assigned to a clinical education rotation under the direct supervision of a clinical preceptor. Third in the series of four practicum courses.
Department: Health & Human Performance

ATEP 548 Athletic Training Techniques IV. 3 Credits
Term Typically Offered: Spring
Reviews and refines skills previously acquired and evaluated in previous coursework. Students will be assigned to a clinical education rotation under the direct supervision of a clinical preceptor. Fourth in the series of four practicum courses.
Lecture Hours 1
Department: Health & Human Performance

ATEP 549 Athletic Training Techniques V. 1 Credit
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate athletic training program.
Provides an introduction to athletic training practice. Emphasis on the prevention, care, and management of acute injuries and illnesses, as well as risk management, environmental concerns, and protective taping and equipment.
Lecture Hours 2, Lab Hours 1
Department: Health & Human Performance

ATEP 550 Practicum in Athletic Trng III. 1 Credit
Term Typically Offered: Fall
Broads skills previously acquired and introduces new skills related to current coursework. Students will be assigned to a clinical education rotation under the direct supervision of a clinical preceptor. Third in the series of four practicum courses.
Department: Health & Human Performance

ATEP 551 Practicum in Athletic Trng IV. 1 Credit
Term Typically Offered: Spring
Reviews and refines skills previously acquired and evaluated in previous coursework. Students will be assigned to a clinical education rotation under the direct supervision of a clinical preceptor. Fourth in the series of four practicum courses.
Lecture Hours 1
Department: Health & Human Performance

ATEP 552 Practicum in Athletic Trng V. 1 Credit
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate athletic training program.
Provides an investigation into the study of evidence-based medicine, epidemiology and injury surveillance, cultural competency, and mental health issues.
Department: Health & Human Performance

ATEP 553 Practicum in Athletic Trng VI. 1 Credit
Term Typically Offered: Spring
Expands on skills previously acquired and introduces new skills related to current coursework. Students will be assigned to a clinical education rotation under the direct supervision of a clinical preceptor. Second in the series of four practicum courses.
Lecture Hours 1
Department: Health & Human Performance

ATEP 554 Practicum in Athletic Trng VII. 1 Credit
Term Typically Offered: Fall
Expands on skills previously acquired and introduces new skills related to current coursework. Students will be assigned to a clinical education rotation under the direct supervision of a clinical preceptor. Second in the series of four practicum courses.
Lecture Hours 1
Department: Health & Human Performance

ATEP 555 Practicum in Athletic Trng VIII. 1 Credit
Term Typically Offered: Spring
Expands on skills previously acquired and introduces new skills related to current coursework. Students will be assigned to a clinical education rotation under the direct supervision of a clinical preceptor. Fourth in the series of four practicum courses.
Lecture Hours 1
Department: Health & Human Performance

ATEP 559 Clinical Education I. 1 Credit
Term Typically Offered: Summer
Corequisite(s): AHAT 546.
Offers an introduction to clinical education. Students review and refine basic athletic training skills and apply them in the preseason. Students will be assigned to a clinical education rotation under the direct supervision of a clinical preceptor.
Lecture Hours 1
Department: Health & Human Performance

ATEP 561 Clinical Education II. 1 Credit
Term Typically Offered: Spring
Reviews and refines skills previously acquired and evaluated in previous coursework. Students will be assigned to a clinical education rotation under the direct supervision of a clinical preceptor.
Lecture Hours 1
Department: Health & Human Performance

ATEP 562 Clinical Education III. 1 Credit
Term Typically Offered: Fall
Explores the physiology, theory, indications, and contraindications of therapeutic modalities.
Department: Health & Human Performance

ATEP 563 Clinical Education IV. 1 Credit
Term Typically Offered: Spring
Explores the physiology, theory, indications, and contraindications of therapeutic modalities.
Department: Health & Human Performance

ATEP 564 Therapeutic Modalities. 3 Credits
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate athletic training program.
Explores the physiology, theory, indications, and contraindications of therapeutic modalities.
Department: Health & Human Performance

ATEP 565 Therapeutic Exercise. 3 Credits
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate athletic training program.
Explores the development, application of therapeutic exercise programs.
Department: Health & Human Performance

ATEP 566 Therapeutic Exercise. 3 Credits
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate athletic training program.
Explores the development, application of therapeutic exercise programs.
Department: Health & Human Performance

ATEP 567 Therapeutic Exercise. 3 Credits
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate athletic training program.
Explores the development, application of therapeutic exercise programs.
Department: Health & Human Performance

ATEP 568 Therapeutic Exercise. 3 Credits
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate athletic training program.
Explores the development, application of therapeutic exercise programs.
Department: Health & Human Performance

ATEP 570 Organizational and Administrative Issues in Athletic Training. 3 Credits
Term Typically Offered: Spring
Prerequisite(s): Admission to the graduate athletic training program.
Considers the theories and application methods of comprehensive manual therapy.
Lecture Hours 3
Department: Health & Human Performance

ATEP 571 Organizational and Administrative Issues in Athletic Training. 3 Credits
Term Typically Offered: Spring
Prerequisite(s): Admission to the graduate athletic training program.
Considers the theories and application methods of comprehensive manual therapy.
Lecture Hours 3
Department: Health & Human Performance

ATEP 572 Organizational and Administrative Issues in Athletic Training. 3 Credits
Term Typically Offered: Spring
Prerequisite(s): Admission to the graduate athletic training program.
Considers the theories and application methods of comprehensive manual therapy.
Lecture Hours 3
Department: Health & Human Performance

ATEP 573 Case Studies in Sport Psych. 3 Credits
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate athletic training program.
Considers the theories and application methods of comprehensive manual therapy.
Lecture Hours 3
Department: Health & Human Performance

ATEP 574 Organizational and Administrative Issues in Athletic Training. 3 Credits
Term Typically Offered: Spring
Prerequisite(s): Admission to the graduate athletic training program.
Considers the theories and application methods of comprehensive manual therapy.
Lecture Hours 3
Department: Health & Human Performance

ATEP 578 Organizational and Administrative Issues in Athletic Training. 3 Credits
Term Typically Offered: Spring
Prerequisite(s): Admission to the graduate athletic training program.
Considers the theories and application methods of comprehensive manual therapy.
Lecture Hours 3
Department: Health & Human Performance
AEP 580 Pharmacology for Healthcare Prof. 3 Credits
Prerequisite(s): Admission into AEP. Explores the pharmaceutical and chemical processes of therapeutic interventions and therapies. This course examines the constraints placed on patients in the performance environment as well as management, protocols, and legal issues.
Lecture Hours 3
Department: Health & Human Performance

HHP 597 Capstone. 3 Credits
Term Typically Offered: Spring
Prerequisite(s): Admission to the graduate Athletic Training Program.
Serves as an intensive and cumulative review of athletic training competencies and proficiencies. Course is geared towards preparing the athletic training student to challenge the BOC exam.
Lecture Hours 3
Department: Health & Human Performance

Health and Human Performance

HHP 501 Srvy of Exercise & Sport Sci. 3 Credits
Prerequisite(s): Admission to M.S. or instructor permission.
Surveys the ways in which different scientific, core bodies of knowledge in exercise physiology, biomechanics, nutrition, and neural control intersect to form the foundation for professional activities in sport and exercise.
Lecture Hours 3
Department: Health & Human Performance

HHP 502 Rsrch in Exercise & Sport Sci. 3 Credits
Prerequisite(s): Admission to M.S. or instructor permission.
Covers research and the statistical analysis that support research-specific, evidence-based practice in contexts unique to exercise science and sport.
Lecture Hours 3
Department: Health & Human Performance

HHP 518 Hlth Enhncmt Mthd & Mtls K-8. 2 Credits
Term Typically Offered: Fall
Examines theories and models of curriculum design and teaching methodologies for grades K-8 Health Enhancement.
Lecture Hours 2
Department: Health & Human Performance

HHP 540 Sport Leadership. 3 Credits
Term Typically Offered: Fall
Explores theory and practice leadership principles applied to coaching and sport settings. Special attention is devoted to various applied strategies including: leadership/coaching styles, leader personality and behavior, basic anatomy and biomechanics of human movement, decision-making, risk management, planning and organizing, processing and evaluating, communicating and motivating, time management, and conflict management. Use of the case study method is applied to various sport settings.
Lecture Hours 3
Department: Health & Human Performance

HHP 545 Exercise Test & Prescription. 3 Credits
Term Typically Offered: Fall
Prerequisite(s): HHP 430.
Explores basic techniques in the assessment of physical fitness, prescription of exercise for healthy and unhealthy adults, and promotion of physical activity within communities.
Lecture Hours 3
Department: Health & Human Performance

HHP 550 Psychological Principles. 3 Credits
Covers the psychological dimension of sport science, focusing on advanced motor learning and applied sport psychology. Special attention is focused on sport psychology interventions with strong research support for their effectiveness.
Lecture Hours 3
Department: Health & Human Performance

HHP 560 Sport Marketing. 3 Credits
Explores the theory and practice of the marketing of sport as a product and the marketing of non-sport-related products through sport. Includes the study of various specific areas, such as market definition, consumer analysis, market research, market segmentation, product positioning, pricing, promotion, marketing communication, distribution, and sponsorship applied to sport.
Lecture Hours 3
Department: Health & Human Performance

HHP 570 Sport Organizations & Gov. 3 Credits
Term Typically Offered: Fall
Explores the theory and practice of sport organizations and their various governance structures. Organization theory is presented in the context of sport organizations that regulate high school athletics, intercollegiate athletics, international amateur sport, and professional sport.
Lecture Hours 3
Department: Health & Human Performance

HHP 590 Internship. 1-9 Credits
Prerequisite(s): Approved plan of study and approved internship application.
Provides experience in a responsible appointment as an assistant in physical education and/or health settings.
Lecture Hours 1-9
Department: Health & Human Performance

HHP 591 Independent Study. 1-6 Credits
Prerequisite(s): Consent of the instructor, approval of the department chairperson and the Dean of Allied Health Professions, and Independent Study contract filed with the Office of Graduate Studies.
Provides an opportunity for students of superior academic standing to explore material not covered by regular graduate courses in the Department of Health and Human Performance.
Department: Health & Human Performance

HHP 592 Seminar. 1-6 Credits
Provides an opportunity to investigate topics at the advanced level pertinent to the area of Health and Physical Education.
Lecture Hours 1-6
Department: Health & Human Performance

HHP 593 Workshop. 1-6 Credits
Provides an opportunity for experimental study at the advanced level in an area of Health and Physical Education.
Department: Health & Human Performance

HHP 594 Clinic. 1-6 Credits
Prerequisite(s): Consent of Instructor.
Provides an opportunity to explore and develop advanced skills with individuals in Health and Physical Education.
Lecture Hours 1-6
Department: Health & Human Performance

HHP 595 Cooperative Educ/Internship. 1-8 Credits
Department: Health & Human Performance
HHP 597 Capstone Project. 1-6 Credits
Term Typically Offered: Fall, Spring, Summer
Prerequisite(s): Admission to the graduate ALiHR program and consent of instructor. Explores quantitative and qualitative research methodologies used in the health and human professions and evaluation of published research in the field. The capstone activity involves designing, implementing, assessing, and presenting a research project or program. Basic format and organization issues are covered, along with how to identify a research topic and program, assess resources, and write a literature review.
Department: Health & Human Performance

HHP 598 Research Project. 3-6 Credits
Term Typically Offered: Fall, Spring
Provides graduate students an opportunity to research a selected topic in athletic training interdisciplinary studies or sport leadership in close consultation with a graduate faculty committee. Students will present their project both in writing and orally.
Lecture Hours 3-6
Department: Health & Human Performance

HHP 599 Thesis. 1-6 Credits
Term Typically Offered: Fall, Spring
Prerequisite(s): EDF 501 or equivalent and an approved plan of study required. This course may be given the grade of "T" until research and writing is completed and accepted within the time limit of the degree.
Department: Health & Human Performance

Outdoor Recreation

REC 510 Adventure Leadership. 3 Credits
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate ALiHR program and consent of instructor. Acquaints students with the history, philosophy, depth, and scope of Adventure Leadership. Methods discussed will be applied to group development, minimizing risk in the field, teambuilding, decision-making, problem solving, and teaching. Students will explore and enhance their own leadership, philosophy, and style through participation in group projects, lecture, and activities while taking this course.
Lecture Hours 3
Department: Health & Human Performance

REC 511 Adv Guiding & Instructing. 3 Credits
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate ALiHR program. Provides students an opportunity to explore teaching methods appropriate for a wide spectrum of adventure guiding and instructing. Examines learning styles, lesson planning, delivery options, risk management, evaluation, and assessment.
Lecture Hours 3
Department: Health & Human Performance

REC 566 Ethical & Legal Aspects in OAL. 3 Credits
Term Typically Offered: Fall
Prerequisite(s): Admission to the graduate ALiHR program. Presents the ethical and legal principles and practices recommended and required in outdoor adventure leadership careers. Particular emphasis is on the ethical and legal guidelines that follow national program accreditation standards.
Lecture Hours 3
Department: Health & Human Performance

REC 570 Adventure Prog Planning & Dev. 3 Credits
Term Typically Offered: Spring
Prerequisite(s): Admission to the graduate ALiHR program. Examines principles related to planning, scheduling, and implementation of recreational activities and events. Students will be introduced to the procedures involved in development of programs, staffing, budgeting, and managing risks for adventure programs for diverse populations.
Lecture Hours 3
Department: Health & Human Performance